

## **Blessings Over Food at Easter**

Even though we are not able to gather together in churches on Easter Day, we can find ways to share the joy of that day even if we cannot receive the consecrated Bread and Wine at Holy Communion. Consider making certain to have bread and wine at your Easter meal, and include these prayers as a way that we Christians can express our thanksgiving (which is, after all, the English definition of the Greek word *eucharist*).

### ***From the Book of Occasional Services:***

*These blessings are appropriate for use by households at the principal meal on Easter Day.*

#### **Over Wine**

Blessed are you, O Lord our God, creator of the fruit of the vine: Grant that we who share this wine, which gladdens our hearts, may share for ever the new life of the true Vine, your Son Jesus Christ our Lord. *Amen.*

#### **Over Bread**

Blessed are you, O Lord our God; you bring forth bread from the earth and make the risen Lord to be for us the Bread of life: Grant that we who daily seek the bread which sustains our bodies may also hunger for the food of everlasting life, Jesus Christ our Lord. *Amen.*